

# Mountain Lakes Country Day School

## 13 Essential Benefits of Early Childhood Education:

- 1. Socialization:** Socialization with people other than the child's family in a safe environment is an essential foundational element to the below areas...
- 2. Concept of Cooperation:** Learning how to share, cooperate, take turns and persevere within a safe learning environment, guided by professionals who have the children's best interests at heart...
- 3. Encouraging Holistic Development:** The approach taken to build a strong foundation for a child's emotional, social, physical and mental development...
- 4. Enthusiasm for Lifelong Learning:** We need to inspire a thirst for learning with eagerness and enthusiasm...
- 5. Convey the Value of Education Through Experience:** While parents will always be the most important influence on a child's early life, introducing [children] to a preschool environment provides them with a new perspective on the importance of education that will remain with them throughout their schooling journey...
- 6. Respect:** There is no better place to learn this virtue than in a hectic preschool environment, where everything is shared and civility and manners are both taught and learned organically...
- 7. Teamwork:** Demonstrating and instilling the importance of teamwork that can teach respect for the opinions of others, listening, cooperation and equality...
- 8. Resilience:** It's important that early childhood educators and parents work together to develop resilience in children as early as possible...
- 9. Concentration:** During preschool years, children explore at every opportunity to discover new experiences, new friends and new environments...
- 10. Patience:** Children need opportunities to be involved in an abundance of social experiences, where they can explore and practice the social skill of patience...
- 12. Confidence and Self-Esteem:** A strong sense of wellbeing provides children with confidence, optimism and self-esteem which will encourage children to explore their talents, skills and interests...
- 13. Exposure to Diversity:** Valuing difference and diversity are crucial to a child's early development.

Source: "[The 13 Key Benefits of Early Childhood Education: A Teacher's Perspective](#)," by Vicki Palmer, *The Huffington Post*, August 6, 2015



## Upcoming Events

Week of the Young Child

April 8-12, 2019

## Important Announcements

In case of inclement weather  
stay informed by:

Following us on Twitter

Or

Check our website  
MLCDS.com

Or

Call 973 983-9831 for a  
recorded message

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## Infant Milestones

Winter brought cold weather and fun activities like making mittens and handprint Christmas trees. A big hooray for Ryan B taking his first steps! Our little Laila turned one and Mariana started crawling! We all wore red for Valentine's Day and green for St. Pats. We're looking forward to Spring and warmer weather. We can't wait to get outside to play!

## News from Toddler One

We've been super busy learning about Winter and winter animals. We enjoyed reading *Baby Beluga*. We learned that one thing we shouldn't share is germs and read *Germs are Not for Sharing*. We have been really working on washing our hands! Our exploration into community workers meant playing doctor in Dramatic Play, a visit from Karen, a Dental Hygienist, and two very special visitors. Luca's Poppy, who is the Morris County Sheriff and Grady's Dad, who is a police officer. We're so lucky they came to visit!

## Toddler Two in the News

We've been cutting, coloring and having fun recognizing both our names and the letters in them. During Dr. Seuss week, we made "green eggs and ham" and played stack the hats, a STEM based game. Some of us have made the big step to using the potty! We'd like to thank our families who helped make our holiday season so fun. We even had a special guest. Ask us who! We're looking forward to Spring. Watch for us to be learning about the numbers 1 and 2 and using one to one correspondence.

## Did you know?

Did you know how you interact with your child affects the way their brain develops?



Happy Valentine's Day!



## What's Happening in Preschool



Pet Study! One of our favorites. We decided that wild animals don't make good pets. We added all kinds of pet related materials to our play areas. Our pets visited the groomers and the veterinarian's office. We fed our pets special food made just for them. Preschool has also been working on math skills- counting, sorting and classifying. We like to thank Carter's Mom for helping us celebrate Chinese New Year. On Valentine's Day we had PJ Day. The Cat in

the Hat came by and we ate green eggs and ham for Dr. Seuss week.

## All the News About Pre-K

We are doing attendance in Spanish! We spent a lot of time on our Building Study. We participated in cooperative building, illustrated pictures of our own buildings and practiced patterning with pictures of buildings. Valentine's Day was filled with beautiful tissue paper hearts, a love list, cards, and a special snack. We had a leprechaun visit for St. Patrick's Day. He hid shamrocks for us to find. We're looking forward to the nice weather.

